

metro

BOSTON NO. 1 FREE DAILY IN THE M
Tuesday, August 29, 2017 metro.us | t: MetroBOS | f: Metro

LACKLUSTER SEX SCENE

'Game of Thrones' can do better — and has many times before. 6-7



Sox need to get hot again before Yankees series. 12

Caitlyn Jenner called out by trans activist. 5

DROPPING OFF, PICKING UP ... PAYING UP?

A new proposal would mean that trips to Logan Airport might cost you more than just your time. 4





WELCOME TO METRO.US!



KIMBERLY M. AQUILINA, WEB REPORTER

There have been some "bigly" changes in the Trump administration as people are fired or resign, which reminds us of the Saturday Night Massacre of 1973. (No, not the fictional Bowling Green Massacre, Kellyanne.) This massacre was the beginning of the end for then-President Nixon. Does the turnover in the current White House signal another staffing slaughter?

metro.us/president-trump

MASS. RESPONDERS TO HELP WITH RELIEF

I Massachusetts emergency responders have headed to Houston to assist with the flooding caused by Hurricane Harvey. Now downgraded to a tropical storm, Harvey has dropped more than 30 inches of rain on some parts of Houston. On Saturday, three Coast Guard aircrafts (two helicopters and a plane) and 18 crew members based in Cape Cod were deployed to the area. Another nine Coast Guard personnel were

also sent to help with response coordination. As of Sunday, those air crews conducted 14 rescues in the Houston area, according to the Coast Guard. Volunteers with the Federal Emergency Management Agency (FEMA) based in Beverly deployed for Texas on Sunday, according to Massachusetts Task Force 1. That task force, also called MA-TF1, is one of 28 Urban Search and Rescue teams across the country that are a part of FEMA.

GERMAN NURSE SUSPECTED OF 84 MORE MURDERS

2 A German nurse jailed for murdering two patients is suspected of killing at least 84 other people, police said. The man, identified only as Niels H. under reporting rules, has "confessed in many of those cases," police said, but could not remember all the details of his actions. In past hearings, Niels H. admitted deliberately injecting patients at two clinics in northern Germany with

deadly drugs and then trying to revive them in order to play the hero, German broadcaster NDR said. He was convicted of two charges of attempted murder and two counts of murder by an Oldenburg court in 2015. Police said that they had investigated additional deaths at hospitals in the northern German cities of Oldenburg and Delmenhorst after exhuming the remains of 134 people with links to Niels H.

NOT OVER YET

3 People walk down a flooded street as they evacuate their homes after the area was inundated with flooding from Hurricane Harvey on Monday in Houston, Texas. Harvey, which made landfall north of Corpus Christi late Friday evening, is expected to dump upward to 40 inches of rain in Texas over the next couple of days. *GERRY MAZZES*



EU WARNS TIME IS SHORT IN BREXIT TALKS

4 The European Union's chief negotiator Michel Barnier said he was concerned at the slow progress of Brexit talks, while his British counterpart David Davis called for "imagination and flexibility" to move on. British officials arrived in Brussels on Monday hoping to push the EU toward talks about their post-Brexit ties, which the bloc refuses to launch until there is agreement on London's exit bill

and other "divorce" matters. "To be honest, I am concerned. Time passes quickly," Barnier said in short comments offered jointly by the two men to the media. "We must start negotiating seriously ... the sooner we remove the ambiguity, the sooner we will be in a position to discuss on the future relationship and a transitional period." The two sides hold a third round of Brexit talks from Monday to Thursday.

SHOWTIME HIT WITH LAWSUITS OVER FIGHT

5 Two U.S. boxing fans have filed lawsuits against cable TV provider Showtime over the quality of the livestream for the much-hyped weekend fight between Floyd Mayweather and Conor McGregor. Two separate lawsuits, filed in Oregon federal court by Portland resident Zack Bartel and by Victor Mallh in New York federal court, seek class-action status for what

they allege were failures in Showtime's pay-per-view live stream of the match in Las Vegas. Bartel and Mallh said they had paid \$99.95 to Showtime to watch the match. Bartel's unlawful trade practices lawsuit said that instead of being a "witness to history" as promotions for the fight had promised, all he saw was "grainy video, error screens, buffer events, and stalls."

FAST FACT

72%

A new Rasmussen Reports national telephone survey finds that 72% of Likely U.S. voters believe most politicians raise racial issues to get elected.

Source: Rasmussen Reports



www.mit.edu

Forsyth

The Forsyth Institute (Kendall Square)

245 First Street Cambridge, MA 02142

(Entrance at 1 Athenaeum Street)

A NEW DENTAL STUDY IS SEEKING PARTICIPANTS

28 DAY MOUTH RINSE STUDY

Individuals 18-65 years old are asked to join a 28-day study of a new rinse that may reduce gum inflammation/bleeding

- Weekly visits for 1 month and a follow-up phone call at 3 months
 - Subjects must have a minimum of 20 natural teeth
 - Subjects must be non-tobacco users
 - **\$350 compensation**

CALL

617.892.8600

or Email: clinicaltrialsinfo@forsyth.org

HURRICANE HARVEY

Trump to talk with Congress on funding Hurricane Harvey recovery

President Donald Trump said on Monday he would talk with Congress about how to fund what will be a very expensive recovery from Hurricane Harvey as deadlines loom on the U.S. budget and federal debt ceiling.

It is unclear how the hurricane relief will impact budget talks in Washington. Trump has threatened a government shutdown over the budget unless lawmakers

include funding for his proposed border wall with Mexico.

Speaking to reporters in the Oval Office, Trump lauded the efforts by Texans to extract storm victims from flooded areas of Houston and beyond after record-breaking amounts of rainfall from Hurricane Harvey.

"We're dealing with Congress. As you know it's going to be a very expensive situation," said Trump.

Trump will visit Texas on Tuesday. He said he might return on Saturday and could stop in

Louisiana where the storm is now dumping rain.

Trump, who has presided over a number of Cabinet meetings to help coordinate the federal response, said "things are being handled very well" and he hailed the relief effort.

"It is a historic amount of water. There's never been anything like it. So the people are handling it amazingly well and the people of Texas as you know have really persevered. And when you watch the spirit and the enthusiasm and

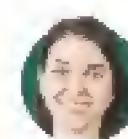
helping each other and the teamwork, it's really been something," he said. **REUTERS**



President Trump spoke about Harvey relief efforts on Monday. **GETTY IMAGES**

Proposal would charge to pick up, drop off at Logan Airport

MassPort may charge you to drop off and pick up people from Logan Airport as a way to reduce environmental harm.



KRISTIN TOUSSAINT
@kristinakota
kristin.toussaint@metro.us

Dropping off or picking up a friend at Logan International Airport may soon cost you more than just your time.

The Massachusetts Port Authority will study a proposal by the Conservation Law Foundation (CLF) on charging a fee for drivers who pick up or drop off passengers at the airport.

The foundation is a nonprofit that focuses on finding solutions to New England's "biggest environmental challenges," according to its website.

One of those challenges is the congestion and pollution created by large numbers of cars idling at airport terminals, according to CLF Vice President Rafael Mares.

"Traffic in and out of Logan Airport continues to worsen and we cannot ignore any solution that has the potential to save passengers time while also curbing carbon emissions associated with frequent drop-offs

and pick-ups," he said in a statement.

"Pass through rates have been effected elsewhere," he added, "And it is prudent to at least explore the potential impacts of a similar program here in Boston."

More than 20,000 cars enter Logan to drop off or pick up passengers, according to the Boston Globe. If that favor comes with a fee, the foundation hopes, that number could be reduced.

In May, Massport, which operates the airport, agreed to invest in electric vehicle charging stations throughout its parking lots and to electrify its gas-powered equipment, as part of a deal with CLF.

CLF also asked that Massport examine other measures to reduce auto emissions at Logan, according to the Globe. In exchange, the foundation agreed not to oppose Massport's parking plan that seeks to create 5,000 new parking spaces at the airport.

Opening up more parking spaces may actually lessen the environmental impact of the airport, according to CLF. Fewer parking options means passengers are dropped off and picked up, which means two trips to the airport. If passengers can park their car, they only drive to and from the airport once.



Logan airport pick ups and drop offs may soon get more expensive. **NICOLAUS CZARNECKI/METRO**

Painful Varicose Veins and Swollen Legs?

Are you or a loved one suffering from the following symptoms?

- ☒ Varicose Veins
- ☒ Spider Veins
- ☒ Itching or Burning
- ☒ Leg Pain
- ☒ Leg Cramps
- ☒ Heaviness or Swelling
- ☒ Skin Discoloration
- ☒ Leg Ulcers
- ☒ Blood Clots
- ☒ Difficulty Standing



Our minimally invasive procedure only takes 15 minutes, and our patients can resume normal activities immediately.

We specialize in a wide range of treatment options including care of Peripheral Artery Disease (PAD) and wound care.

Covered by most insurance plans and Medicare

Don't suffer another day! Call us now!

(617) 858-6870



www.USAVeinClinics.com

1208B VFW Parkway, Ste 300, West Roxbury, MA 02132
280 Union Street, Ste 401, Lynn, MA 01902
800 West Cummings Park, Ste 2500, Woburn, MA 01801
855 Worcester Road, Ste 13, Framingham, MA 01701

Russell Brand has a new wife



Brand's got a brand new victim — I mean — lady.
ALL PHOTOS GETTY IMAGES

Russell Brand — former husband of the personification of a stale rainbow swirl lollipop known professionally as Katy Perry — has a new wife that isn't Katy Perry. Jolly good, I guess.

Brand married fellow British person Laura Gallacher over the weekend in a ceremony so small and so intimate that various outlets waited until Monday morning to run any stories on it. The reception was Indian-themed, which was nice. Attendees included family and friends and the couple's 9-month-old daughter Mabel, which all still...er, sounds lovely.

The Not That Funny Dude confirmed the news on Sunday on his

Radio X podcast, saying, "I'm living a married life now... I'm domestic." Uh-huh. Brand and Gallacher, a lifestyle blogger, rekindled their romance in 2015. Before then, they had been dating off and on since 2007.

Anyway congratulations. Not that anybody asked her, but I'm pretty sure Perry is just fine with this.

Kathy Griffin & Anderson Cooper are no more

Kathy Griffin would like you to know that she no longer considers Anderson Cooper a friend. It's a hot take!

As you may recall, Griffin came under fire about three months ago for posing with a replica of President Donald Trump's bloodied, decapitated head. It was... not that big of a deal, but some of y'all felt like it deserved an unprecedented amount of attention.

Now, the comedian is opening up to

New York Magazine's The Cut and baby, she's fed up. And that's because Cooper apparently went around town telling everyone he was still friends with Griffin — without having spoken to her, ever.

Cooper first condemned Griffin's behavior on Twitter. Then in July, he told Andy Cohen they were still friends. "I didn't think what she said was appropriate, but I wish her the best and I hope she bounces back. She's incredibly funny and a lot of people love her." OK, Coop — may I call you Coop? — that's cute but you could have called. Anyway, it's fine. They're both rich enough to buy new friends anyway.



These two are no more. No more, I say



RACHAEL VAUGHAN CLEMMONS
@rachaelclemz
rachael.clemmons@metro.us

North West doesn't care for Saint West

Kim Kardashian is filling in for Kelly Rapa on Live with Kelly and Ryan — for what reasons, I do not care to know. But Kardashian is using the opportunity to let you know that North and Saint are not in fact friends.

Mostly, it looks like 4-year-old North and 18-month-old Saint have an early sibling rivalry going. "I don't know if it's because she's the older sister, I don't know what it is," Kardashian said. "I thought it was a phase [but] she does not like her brother. It's so hard for me!" Yeah well, I'd be mad if someone as adorable as me came and tried to steal my spotlight too. So I feel for you, North.

If there are in fact teams, know this: Saint is extremely adorable, but I'm with Team North on this one.



Got a regular sibling rivalry going.

Caitlyn Jenner called out by trans activist

On the day after Trump banned trans people from serving in the military, trans activist Ashlee Marie Preston called B.S. on Caitlyn Jenner for being a supporter of 45.

"It's really f—ed up that you continue to support somebody... that does everything with the military, that's erasing our f—g community," Preston told Jenner at a Trans Chorus event in L.A.

Jenner did vote for Trump, but has since expressed criticism of some of his policies. In July, when Trump first announced his plan to ban transgender people from the military, Jenner tweeted, "There are 15,000 patriotic

transgender Americans in the US military fighting for all of us. What happened to your promise to fight for them?"

For Preston, it's too little too late. "As long as we continue to be the ones that are most impacted by the choices that you make, it is not OK," she continued.

When Jenner attempted to defend herself, saying "You don't know me," Preston fired back, "Yes, I do. You're a f— fraud and a fake."

On Twitter, Preston further defended her stance: "Desperate times call for #desperate measures. A #loud, #angry#black#trans#woman" is more affective than a #dead one." KATE MOONEY



Too little, too late.

EXPERT ADVICE

CRUISE.COM

LOWEST PRICE

***Free Pre-Paid Gratuities, Free Upgrades plus up to \$1700 Onboard Spending & More!**

<p>Celebrity X Cruises</p> <p>7-Day Alaska</p> <p>\$529*</p> <p>Ocean View \$889* Balcony \$1479*</p>	<p>Royal Caribbean</p> <p>7-Day Bahamas</p> <p>\$549*</p> <p>Ocean View \$629* Balcony \$659*</p>	<p>NORWEGIAN CRUISE LINE</p> <p>7-Day Bermuda</p> <p>\$599*</p> <p>Ocean View \$649* Balcony \$879*</p>	<p>Carnival</p> <p>7-Day Europe</p> <p>\$659*</p> <p>Ocean View \$939* Balcony \$1169*</p>	<p>PRINCESS CRUISES</p> <p>10-Day Mexico</p> <p>\$799*</p> <p>Ocean View \$849* Balcony \$1099*</p>	<p>Holland America Line</p> <p>10-Day Panama</p> <p>\$899*</p> <p>Ocean View \$949* Balcony \$1099*</p>
---	---	---	--	---	---

Open 7 Days

800-229-7493

vacation.com

Agency of the Year

*Prices are pp/dbl. Cruise only on select sailings. Certain restrictions apply. Gov't taxes, and fees are additional. Prices include NCF's. Prices are quoted in US dollars. All itineraries and prices are current at time of printing and are subject to change without notice. All exclusive deals are per cabin on select sailings. CST #2015595-50

Jon and Dany's lackluster sex

"Game of Thrones" can do better — and has many times before.



RACHAEL VAUGHAN CLEMMONS
@rachaelclemz
rachael.clemmons@me.com

"Game of Thrones" had a lot of nerve teasing Jon and Daenerys' so-called attraction to each other — then following it up with what has got to be the most uninspiring and vapid sex scene in the entire series.

In its early seasons, "Thrones" was known for its...uh, somewhat over the top depictions of sexual relations. Besides the often casual portrayal of rape, the show often featured what would be coined as "sexposition" — meaning, the series would take scenes heavy with exposition and pad them with some extra oomph by making sure some-

The moment we were all waiting for was pretty meh.
HBO



one was getting it on in the background. As the show has matured, David Benioff and D.B. Weiss have thankfully gotten a bit wiser about the way they depict sex on screen. But with the scene between Jon and Daenerys, it seems like they've given up on sex

being sexy ever again in the "Thrones" world.

It's possible to both be responsible about the kind of sex you show in the series and for your characters to have hot, sexy and fulfilling sex lives. And both Jon — I mean, Aegon — and Daenerys

had whole seasons dedicated to them finding their sexual footing. In the first season, Daenerys went from being a victim to being a woman with heaps of sexual agency in her marriage with Khal Drogo; and she learned a lot from her handmaids along

10% OFF
YOUR ORDER OF \$25 OR MORE
one coupon per table
Not to be combined with any other offers
Not Valid with Lunch Specials or Holidays
Exp. September 30th 2017 Dine in Only

OPEN
11AM - 2AM
7 DAYS

695 Washington St. Boston, Chinatown • 617.338.8858
WWW.DUMLINGCAFE.COM
We Now Deliver through DoorDash.
www.doordash.com

The Holistic Center
Qualifying for your Medical Marijuana Card still makes sense!

Medical Marijuana is used to treat the following conditions:
• HIV/AIDS • Glaucoma • ALS • MS • Hepatitis C • Parkinson's • Crohn's • Cancer and any other condition our doctor recommends.

WITH A MEDICAL CARD YOU SAVE YOUR MONEY AND YOUR HEALTH:

You get your medicine TAX-FREE - You will pay a 20% tax for Recreational.
You receive several DISCOUNTS - NONE with Recreational

- Dispensaries currently provide a 10% discount if you are a MassHealth recipient
- Workman's Comp Insurance may pay depending on your claim
- You may be exempt from any future taxes if you continuously maintain your patient registration;
- You may choose from a greater VARIETY, TYPE and STRENGTH of CBD and THC strains;

MEDICAL IS AVAILABLE NOW
• Recreational not until July 2018.

320 Washington Street Suite 300, Brighton Center
617-787-7400
THCEvaluation.com

Dorothy Curran Concert Series

MAYOR MARTIN J. WALSH

FREE, FAMILY-FRIENDLY CONCERT SERIES ON CITY HALL PLAZA

Now celebrating 45 years as Boston's longest-running outdoor concert series, these performances feature exciting entertainment for music lovers of all ages.

Wednesday, August 30, 7:00 p.m.
Harold Melvin's Blue Notes

EXCLUSIVE SUMMER CONCERTS AT ARLINGTON'S HISTORIC REGENT THEATRE
1916 - 2017

FIVE GREAT SHOWS

LABOR DAY WEEKEND
TWO on SATURDAY • TWO on SUNDAY
ONE on MONDAY
CALL FOR YOUR SEATS

Saturday, September 9th at 8pm
Celebrating the Music of Jim Morrison & The Doors with Special Guest:
Kate Russo's **PIECE OF MY PEARL**
Janis Joplin Tribute

DOCUMENTARY MOVIE
Thu - Sept 14th & Fri - Sept 15th
7:30PM BOTH NIGHTS

Saturday, September 16th at 8pm
America's top Eagles Tribute band
also featuring Solo Work from Glenn Frey, Don Henley and Joe Walsh!

7 MEDFORD ST., ARLINGTON; WWW.REGENTTHEATRE.COM TICKETS & INFO: 781-646-4849

SAVE \$5 PER TICKET WITH CODE "METRO"

TITLE SPONSOR



scene was the worst



the way. Jon, never forget, had his own heavy dose of sexual healing from a certain fiery wildling in the third season. At this point, these two adults know what they're doing.

And yet, the finale of the seventh season just gave us a scene of

Jon artfully lying on top of Daenerys, a literal undead wet blanket. There's no semblance of passion, nor desire. And it's frustrating! Here's a moment "Thrones" has been teasing all season long, and it falls absolutely flat. We're supposed to

believe that Jon and Dany's attraction to each other is so overwhelming and sparkly and inevitable, but they don't seem very into having sex with each other.

There's Dany, now nothing more than a pillow princess — even though her sexual relations with Drogo and Daario have proven otherwise. And there's Jon on top of her, listlessly humping away. I didn't spend countless hours watching and rewatching episodes of "Game of Thrones" to suffer through this. And sure, they're related — but seeing as we saw twins Cersei and Jaime getting it on very vigorously in the pilot of the series, I'd say we deserve a bit more. I don't know, chemistry between these two Targaryens.

Gotta give it up to Jon, though. He's really grown into a hot piece this season. For a dead guy, he looks fantastic.

ELIZABETH GRADY

YOUR FUTURE IS IN
GOOD HANDS...
YOUR OWN.



Elizabeth Grady School of Massage Therapy

Elizabeth Grady educators have international experience in teaching Swedish, Deep-tissue, Sports massage techniques and so much more. Call our admissions department at **781-960-0120** or visit us at elizabethgrady.edu. Classes are enrolling now.

222 Boston Avenue, Medford, MA 02155

DONATE YOUR CAR

Wheels For Wishes Benefiting

**Make-A-Wish®
Massachusetts
and Rhode Island**



- *Free Vehicle Pickup ANYWHERE
- *We Accept All Vehicles Running or Not
- *We also accept Trucks, RVs, SUVs & Boats
- *Fully Tax Deductible

WheelsForWishes.org
Call: (617) 701-7647

*Wheels For Wishes is a DBA of Car Donation Foundation.

reach over 2.3 million people
every week.

to advertise, contact (617) 532-0100 or adsboston@metro.us

source: nielsen scsborough 2014-15 r2, adults 18+

metro media

media.metro.us

BILL BLUMENREICH PRESENTS

THE WILBUR

FOR TICKETS AND INFO
VISIT THEWILBUR.COM



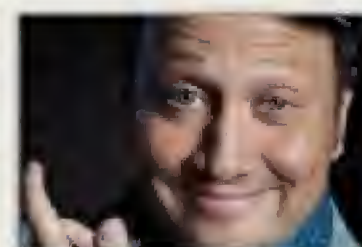
LITTLE FEAT
SEPT 6



GABY DUNN & ALLISON RASKIN
HATE EVERYONE BUT YOU
SEPT 7



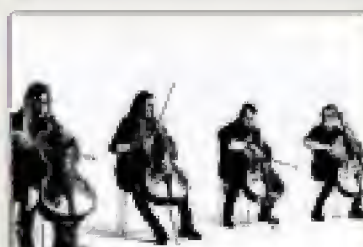
WELLRED COMEDY TOUR
SEPT 8



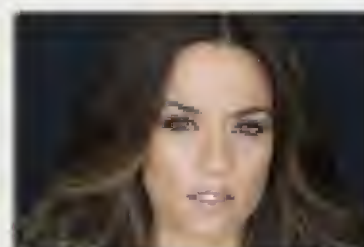
ROB SCHNEIDER
SEPT 9



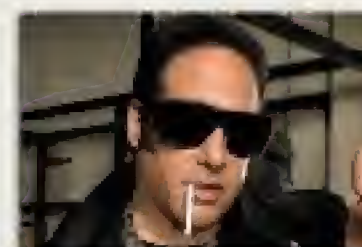
THE HODGETWINS LIVE
SEPT 9



APOCALYPTICA
PLAYS METALLICA
SEPT 12



JANA KRAMER
SEPT 14



ANDREW DICE CLAY
SEPT 16

YES
SEPT 17

JOHN MARK MCMILLAN
SEPT 18

JEN KIRKMAN
SEPT 20

THE SIMON & GARFUNKEL STORY
SEPT 26

DYLAN MORAN
SEPT 27

TREVOR HALL
SEPT 28

JONNY LANG
OCT 3

BOB MARLEY
OCT 7

FRANK CALIENDO
OCT 14

LEA DELARIA
FROM ORANGE IS THE NEW BLACK
OCT 15

ISLEY BROTHERS
OCT 24

CRY CRY CRY
OCT 26

COLIN JOST
OCT 28

GAVIN DEGRAW
OCT 29

HARI KONDABOLU
NOV 3

CAMERON ESPOSITO & RHEA BUTCHER
NOV 4

BRUCE COCKBURN
NOV 9

SINBAD
NOV 11

TRACY MORGAN
NOV 17

twitter.com/the_wilbur

facebook.com/thewilburboston

instagram.com/the_wilbur



wellbeing

MAKE HEALTHY YOUR NEW HAPPY

There are steps you can take to assess whether your drinking has become a problem. **ISTOCK**

Curb your drinking habit

Alcohol abuse in America is now considered a public health crisis. How do you know if it's a problem for you?



KATE MOONEY
@yatinbrooklyn
kate.mooney@me.com

We drink so much in this country that according to a new study, alcohol abuse now constitutes a "public health crisis."

The study, published this month in JAMA Psychiatry, compares the drinking habits of more than 40,000 adults, based on interviews conducted in 2001-2002 and again in 2012-2013. A decade later, the authors found that 'alcohol use' had increased by 11 percent, 'alcohol use disorder' by 49 percent, and 'high-risk drinking' by 29.9 percent.

So how do you know if drinking has become a problem for you? We spoke with Dr. Jeremy Frank, PhD, a Philadelphia-based psychologist and certified alcohol and drug counselor, about warning signs, getting help, and his advice for conquering long-term sobriety.

How much is too much?

First, the numbers: Quan-

tity-wise, the National Institute on Alcohol Abuse and Alcoholism defines binge drinking as around four drinks for women, five drinks for men, which usually results in a blood alcohol count of .08 g/dl. Heavy alcohol use is defined as binge drinking on five or more days a month, while low-risk drinking for women is defined as no more than three drinks in any day, no more than seven in a week; for men, no more than four in a day, or 14 in a week.

Warning signs

Beyond the actual count, there are additional

indicators that you might be drinking too much. "When drinking affects our relationships with friends, partners or family, our career occupation or school, it can be an indication of a problem," explains Frank. "Or, when it causes another psychiatric or psychological problem such as anxiety, depression, stress, angry outbursts or legal problems like a DUI."

"In general, and very simply, alcoholism can be defined by drinking despite very serious consequences," he says. And be wary if you find yourself spending too much time drinking or recovering from drinking, especially

if you're covering it up or lying about it.

If you find yourself constantly thinking about your drinking, that's another red flag. "Social drinkers do not sit around questioning whether or not they have a drinking problem," he points out.

Getting help

First, try cutting down, Frank advises. See if you can go two weeks or even a month without drinking to "regain control" — although, he warns, if you are physiologically dependent, going cold turkey could cause dangerous

withdrawal symptoms, including seizures and heart attack.

In some cases, after removing alcohol for a period of time, there are ways to moderately reintroduce it, following the NIAAA guidelines for "low-risk drinking." Make sure you have an addiction psychologist or substance abuse counselor to advise you through the next steps. He also recommends taking medications that reduce cravings, such as Vivitrol or Naltrexone and attending Alcoholics Anonymous meetings. If you find you need more help, talk to your counselor

about trying outpatient treatment, and if that doesn't work, it might be time to consider becoming an inpatient.

His advice for tackling sobriety, long-term? Add meaning and purpose to your life. "You have to say no [to drinking] but then you have to listen to what's missing," he says. "Are you bored, lonely, stressed or anxious? Now you get to learn about yourself more and figure out what you need. Once you say no, it is really so much more about what you say 'yes' to."

Visit the niaaa.nih.gov for more information, resources and support.



Weekly AA meetings can help you get on the path to recovery. **GETTY**

The CAGE questionnaire

A good way to assess your drinking is by asking yourself these four questions, known as CAGE, commonly used as a substance abuse screening tool. Answering yes to two or more of the below indicates that alcohol could be an issue for you.

- Have you ever felt you should Cut down on your drinking?
- Have people Annoyed you by criticizing your drinking?
- Have you ever felt bad or Guilty about your drinking?
- Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (Eye opener)?



Do you drink too much?

WRITTEN BY
Dr. Demi Carise

Deciding whether or not you have a drinking problem isn't often a yes or no answer. In reality, substance use, abuse and recovery are complicated, soul-searching experiences that are rarely easy. The truth is that when you are drinking too much, it's difficult to trust your own perspective. All too often, we dismiss or downplay our destructive behaviors by convincing ourselves that our drinking is normal even if others feel it is excessive. ("I can handle my liquor; it's no big deal.") The National Institute on Alcohol Abuse and Alcoholism defines binge drinking as a pattern of drinking that brings blood alcohol

concentration (BAC) levels to 0.08. This typically occurs after 4 drinks for women and 5 drinks for men—in about 2 hours.

The first, and often most difficult, step is seeing a drinking problem for what it is - a problem. At Recovery Centers of America, we suggest two quick, and highly effective, methods to help bring alcoholism into focus. Are they equivalent to a professional assessment? No, but they do represent a great starting point for those who are questioning their drinking habits. Your scores can help determine whether you'd benefit from a formal assessment or potential treatment.

The first one is the **CAGE**, which is built around four important questions. Those who answer "yes" to at least two may want to take a closer look at their drinking.

C – Cut down: Have you ever felt you should cut down on your drinking?

A – Annoyance: Have people annoyed you by criticizing your drinking?

G – Guilt: Have you ever felt bad or guilty about your drinking?

E – Eye opener: Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

The **CAGE** quiz goes hand in hand with the **T-ACE** questionnaire, which uses a point system to highlight potentially dangerous drinking habits. If you answer "yes" to A, C or E, give yourself one point each; a "yes" for question T equates to two points. A minimum score of two may be a warning sign of alcoholism.

T – Tolerance: Does it take more than two drinks for you to feel intoxicated?

A – Annoyance: Have people annoyed you by criticizing your drinking?

C – Cut down: Have you felt you ought to cut down on your drinking?

E – Eye opener: Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

Again, treat these questionnaires, although found valid and reliable in scientific studies, as a starting point, not a diagnosis. If they've indicated an unbiased sign of excessive drinking, the next step is seeking a professional assessment. Recovery Centers of America is dedicated to treating the whole person, not just alcohol use. In other words, we're interested in healing the reasons why alcohol became a problem in the first place.

We offer both inpatient and outpatient programs to deliver a personalized plan that's unique to each and every person; there simply isn't a one-size-fits-all approach to treatment or recovery. This is precisely why we tailor individual treatment plans to meet the needs of each patient. We also dig deep into why drinking has become a go-to behavior. Instead of simply treating the symptoms, we prioritize doing the inner work to address the root cause of the drinking. Recovery Centers of America also offers family services, 12-step meetings, relapse prevention and intervention plans, wellness programs, educational seminars and more.

Let the **CAGE** and **T-ACE** questionnaires be a jumping-off point to a healthy next chapter in your life. Begin your recovery journey



by visiting
www.recoverycentersofamerica.com
or calling 1-800-RECOVERY NOW.

Dr. Demi Carise, PhD is a Clinical Psychologist and Chief Clinical Officer at Recovery Centers of America. She's also an Adjunct Clinical Professor at the University of Pennsylvania's Department of Psychiatry. She has published numerous peer-reviewed and professional journals and has presented over 150 lectures.

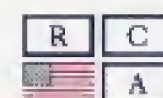
RECOVER

for Him

HEROIN, OPIOID, and ALCOHOL ADDICTION

CALL 1-800-RECOVERY

Addiction is a chronic disease. Not a personal failure. At **Recovery Centers of America**, our mission is to save 1,000,000 lives, one neighborhood at a time. If someone you know is suffering from heroin, opioid and alcohol addiction, **call 1-800-RECOVERY today**. And recover more than you can imagine.



Recovery Centers of America
www.RecoveryCentersofAmerica.com



Recovery Centers of America

How to remedy your foot pain

Tips to prevent plantar fasciitis and other common conditions.



MEGAN JOHNSON
@MetroBOS
lecters@metro.us

Spending all day on her feet takes a toll on Rachelle Pojednic. But the Flywheel instructor has a simple tool to combat foot pain: a small, dense, bouncy ball she bought for 25 cents from a grocery store vending machine.

"I place the ball under the part of my foot where I feel the pain, applying a bit of my weight. Then I close my eyes, be still and breathe," says Pojednic. "This is actually a great overall restorative tool because the release in your feet can lead to relaxation in other parts of your body as well."

But it's not just athletes who run and bike hundreds of miles that develop chronic foot pain. "My feet hurt" is one of



The recovery footwear industry has solutions for common foot ailments. ISTOCK

the most common complaints at the end of a long day, whether it's from uncomfortable shoes or constant pounding on your feet while working out. Dr. Susan Wexler

says the most common issues patients come to her with are ingrown toenails, warts, foot infections and plantar fasciitis, better known as heel pain caused by stress on the

tissues that run from the heel to the base of the foot.

"The best thing they can do is wear an arch support and good-quality sneakers," says the podiatrist. Beyond daily stretches and exercises you can implement to alleviate symptoms, "the best long-term treatment for plantar fasciitis — the gold standard — is custom-made arch-support orthotics."

With so many complaints about foot pain these days, footwear companies are becoming even more savvy when it comes to keeping comfort

in mind while designing their products. Sally Murphy, senior director of Women's Design at shoe-maker Rockport, says that the summer is a particularly bad season for foot pain because people tend to wear flatter, less supportive footwear.

"We suggest wearing a shoe or sandal that has an anatomic footbed with a molded-heel seat, which offers support," says Murphy. "We also suggest a sole that is firm and offers significant stability and support."

The "recovery footwear" industry is taking foot health a step further.

Shoes by Oofos use specialized foam to absorb and disperse impact 37 percent more than traditional footwear. By cradling the foot's arch, its shoes and sandals relieve pressure on the ankles, knees, hips and lower back.

"When you look at the main ankle-joint surface, the area is extremely small as well — roughly 1 inch — significantly smaller than your body size," says Dan Dyrek, a spokesman for Oofos.

"This sets up most people for the common risk of foot injuries due to overload."

SQUIRT.org

The hookup site **TOO HOT** for the app store



Bonapita
Mediterranean Grill
857-350-4606 • 49 Franklin St. Downtown Boston
www.bonapita.com • Catering@Bonapita.com

We Cater Meetings
& Events from 10-600+
From Scratch Fresh Food!
+ Vegans & GF Welcome!

Open Weekdays 11:00-4:00pm

Are you getting total treatment for your addiction?

What services do you offer?

ATCNE individualizes each person's treatment in hopes of providing the services that are relevant for each client. In addition to medication assistance, ATCNE offers individual, family and group counseling services. Groups are tailored to various needs and themes including relapse prevention, stress management, parenting, health and nutrition, dual diagnosis, women's and men's issues, and trauma informed groups.

What makes ATCNE unique from other programs?

ATCNE has a strong focus on providing "total treatment." Medication is one part of treatment but education and support are equally important components. ATCNE recognizes the need to treat substance use on the medical, physical, emotional and environmental levels. To help treat co-occurring issues, ATCNE has close relationships with other organizations and programs and is able to facilitate referrals into additional mental health and medical services. Overall, ATCNE also has a very positive and hopeful approach to recovery. The understanding is that everyone is capable of recovering and despite each client's individual struggles, there is hope for everyone.

How has treatment changed in light of the opiate epidemic?

The epidemic has brought more awareness to the community who may not have previously been educated on substance use and recovery. At ATCNE, we have made increased efforts to provide resources and education to loved ones and the community as this is a vital part of "total treatment." Additionally, we have increased education for all clients on

overdose prevention, NARCAN and harm reduction strategies. NARCAN prescriptions are made available to all clients. ATCNE has also increased crisis intervention services in hopes of getting those struggling with substance use into treatment faster and at the appropriate level of care.

Isn't methadone just another drug?

No, methadone is a medication that reduces withdrawal symptoms and cravings in people addicted to heroin or other opiates without causing the "high" associated with drug addiction. By addressing the physical symptoms of opiate addiction, an individual is able to begin to stabilize and start rebuilding their life. ATCNE offers both long and short-term treatment and works closely with clients to help transition off of methadone.

How does treatment accommodate work and childcare schedules?

ATCNE has early morning and extended hours to try and fit the schedules of those who work or are dealing with childcare. ATCNE offers early morning, evening, and weekend groups and counseling services as well as extended medication times. Additionally, ATCNE also offers a parenting group in which infants are allowed to attend in order to help those in treatment who are in need of parenting support but may not be able to find childcare.

What services are you offering to help family and friends also affected by opiate addiction?

Because substance use affects more than just the individual, ATCNE prefers to include family and loved ones throughout the entire duration of treatment. ATCNE offers family counseling services

as well as a family education group to help explain the treatment that is being offered and ways in which family and loved ones can support those in treatment.

What brought you into the field of substance use treatment?

I, like all of our staff, have been personally affected by substance use in one form or another. This creates a deeper understanding and compassion and helps to make the work more meaningful.

What do you like about working at ATCNE?

ATCNE offers a lot of support and education to its clinicians. There is a low turnover in staff with many clinicians working here for over 10 years. This helps to create a close and supportive "family" environment working.

Quotes from clients:

"ATCNE has literally saved my life. The structure of the group therapy, one-on-one counseling, and loving staff has been the focal point to my success in recovery as well as my personal and professional life. I couldn't be more thankful for their services." - MM

"ATCNE has been an instrumental tool learning how to live again and maintain long-term clean time and sobriety. I am truly grateful for this treatment center." - GC

"I have only good things to say about ATCNE." - FA

"ATCNE got my life on track...it has helped me to maintain a productive life in recovery." - KA



METHADONE TREATMENT PROGRAM

Addiction Treatment Center of New England

ATCNE is located on the grounds of the Brighton Marine Health Center. Our offices are accessible by public transportation.

Parking is free.

77 F Warren Street, Building 5, Brighton, MA

HOURS OF OPERATION

Dispensing Hours

- Monday - Friday: 6:45 a.m. - 11:00 a.m.
- Saturday, Sunday, holidays: 7:30 a.m. - 10:00 a.m.

Office Hours

- Monday - Friday: 8:00 a.m. - 4:00 p.m.
(3:00 p.m. close on Friday)



77 F Warren Street, Building 5
Brighton, MA 02135

Clinic 617-254-1271 ext. 119

Fax 617-782-7668

www.atcne.net

Sox need to get back on track quickly

Late August is no time for a slump in baseball.



MATT BURKE
@burke_metro
matthew.burke@metro.us

The month of August for the Red Sox has been much like a late summer day in New England: hot early and midway through, but chilly at the end.

Chilly might be generous as the Sox lost the final game of their series at Cleveland last Thursday and were inexplicably swept by the Orioles at Fenway this past weekend. The Boston offense was mighty pathetic against the O's as the team scored a combined four total runs in the series and were shutout on Saturday. The pitching has been equally as bad lately as the Sox surrendered 13 runs to the Indians in that aforementioned series finale and followed it up by giving up a whopping 16 runs to Baltimore on Friday night. Saturday wasn't much better as they



Chris Sale hasn't had the best month of August. He'll get the ball for the Sox Tuesday in Toronto. GETTY IMAGES

on Aug. 19, and allowed six earned runs in just 3.0 innings of work against the Indians in Cleveland last week. To be fair, those stinkers sandwiched two strong outings in the middle of the month by Sale – but the bottom line is that he has not looked like himself this month.

It's important that both the lineup and the pitching staff gets back on track this week in Toronto, as looming this weekend for the Sox is a monster four-game series against the Yankees in the Bronx.

Sox manager John Farrell believes this recent bump in the road may wind up being a good thing for his club.

"This is where our team has performed at its best, when we're faced with some adversity," Farrell said. "We've banded together, we've rallied around one another. We have a good challenge ahead of us. I've loved the way we've responded to challenges throughout this year."

gave up seven runs in the shutout loss.

It's easy to say that it's a good time that Chris Sale (14-6, 2.88 ERA) gets the ball on Tuesday night in Toronto, but the truth is that

the Cy Young candidate has been mediocre this month. He gave up seven earned runs on Aug. 1 at Fenway against Cleveland, allowed four earned runs in a loss to the Yankees

C's-Cavs trade still in limbo

The Celtics and Cavaliers have still not made any headway on completing the Kyrie Irving deal as the Cavs want a revised deal from Boston to make up for the C's allegedly not being forthright about Isaiah Thomas' hip injury.

The two sides have until Wednesday at 10 a.m. to complete a deal or they could mutually ask the NBA for an extension.

One thing that does not seem likely is Thomas returning to the Celtics in any way shape or form.

Terry Pluto of Cleveland.com described Thomas as irate that Boston traded him and that it would be a "miserable situation" if he has to go back to the Celtics.

The Cavs will at least ask about the Celtics adding promising draft picks Jaylen Brown and Jayson Tatum in a revised deal, but it would

be highly unlikely that the Celtics would part with either player. In the end, the Celtics having to cough up a second-round pick could be the settlement.

There's also the possibility that Danny Ainge calls the Cavs' bluff or is even bold enough to ask for the Cavs to put Kevin Love on the table.

Ainge has long been enamored with Love, but the only way the C's could make it work now is if they were to trade a monster contract like that of Al Horford's.

MATT BURKE



clubmetro

Sign up today, and you could win tomorrow!



Enter for a chance to win a trip for 2 to
Fort Lauderdale, Florida

A \$2,383.90 VALUE

ENTER BY SEPT. 18, 2017

Sign up at clubmetro.metro.us
for a chance to win:

- Five nights accommodations at Sonesta Fort Lauderdale Beach
- An Everglades Airboat Tour for two at Sawgrass Recreation Park
- Round-trip air transportation for two to Fort Lauderdale, Florida
- A six-day rental car



SONESTA VISITFLORIDA.COM



Join clubmetro to get access to our exclusive offers and win great prizes.

clubmetro.metro.us

MEDICAL RESEARCH

To advertise call
Gregory Manning at
617-532-0121 or email
gregory.manning@metro.us



Are You Depressed and Not in Treatment?



The Department of Psychiatry at Brigham and Women's Hospital is conducting a research study of novel therapies to help people with depression. Eligible participants will receive compensation, psychiatric evaluations, and all study medications.

For more information, reach us at:

617-525-3161

RAPID@partners.org



BRIGHAM AND WOMEN'S HOSPITAL
A teaching affiliate of Harvard Medical School

Do you have Hidradenitis Suppurativa? Study participants needed

A hidradenitis suppurativa support group is being conducted at Tufts Medical Center where medical professionals would have an opportunity to teach you about the disease.

You will learn more about the disease and also would get a chance to connect and discuss experiences with other patients having hidradenitis suppurativa.

To participate

- You must be at least 18 years old
- You must have hidradenitis suppurativa

A support group session will be of 45 minute duration. Complimentary food will be provided to all the participants.

For more information about this trial or to see if you qualify, please call (617) 636-7462 or email ndonovan1@tuftsmedicalcenter.org

Principal Investigator:
David Rosmarin, MD
Department of Dermatology
Tufts Medical Center, Boston, MA

SERVICES

OBITUARIES

We know you miss your loved one and want to honor their memory

Please submit your obituary today, ask your Funeral Home Director to Contact **Metro**

HERMAN MILES
(617) 532-0105
herman.miles@metro.us

Elite Services is looking for:

**Painters and Cleaners/
Pintores y Limpiadores**

Call or Text/
Llamada o Texto
(857-361-9970 or
617-599-2216)

OR
Email questions/
Preguntas por
correo electrónico

Elitegreencleanerspainters@yahoo.com

metroCLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us

metroCLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us

DEADLINE: 2 BUSINESS DAYS PRIOR TO
PUBLICATION AT 4 PM.

PSYCHICS

GENUINE SPIRITUAL HEALER

Clairvoyant • Medium
Astrologer.

Specialize in Relationships, If your loved one, Husband or wife Walks out on you. I can help bring him back immediately with the most powerful spell.

Business • Court Case • Success • Exams
Sexual Probl. • Marriage &
Remove Evil Spell • Black Magic
Bad Luck • Jeeadoc
Voodoo & Stop Enemy • Etc...

Seek help from

Mr MAROOF

YOU WILL GET RESULT
IN 72 HOURS
100% GUARANTEED

CALL 646 891 7809

MISCELLANEOUS

Divino Nino
Pray 7 Our Fathers
7 Hail Marys and
7 Apostle's Creeds.
Ask for impossible request.
Publish on 7th day and
request would be granted.

STOP THE SUFFERING!! Bring Back Loved Ones.

Stops Infidelity in
Relationships, Fixes Domestic/
Family Problems, Jinx,
Demonic Forces,
House Cleansing/Court Cases,
Immigration, Stops Enemies,
Offers Protection.

ONE FREE QUESTION.

Satisfaction Guaranteed
484-268-0465

SHEIKH MANSOUR

INTERNATIONAL SPIRITUAL
HEALER WITH BORN
GIFTED POWER AND EXPERIENCE

Super natural gifted man who helps both
internal & external matters in marriage,
love, court, business, luck, gambling,
protection, returning love one back.

EXPERT IN ALL OCCULTIST
HUMAN PROBLEMS.
ONLY ONE VISIT WILL LEAD
YOU TO THE RIGHT PATH!
CALL NOW FOR JOY!
RESULTS IN A FEW DAYS
GUARANTEED 100%
Call 347-281-0226

metroCLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us

Child ADHD Research



MASSACHUSETTS GENERAL HOSPITAL

Is your child...

- Between the ages of 6-12, and in good health?
- Having trouble with inattention, disorganization, or fidgeting?
- Interested in participating in a research study?

To learn more

Please call 617-724-ADHD (2343)

Or email PPPCResearch@partners.org



ITEMS WANTED

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Kimberly M. Reid to Mortgage Electronic Registration Systems, Inc. as nominee for RBS Citizens, N.A., its successors and assigns, dated July 30, 2008 and recorded with the Suffolk County Registry of Deeds at Book 43866, Page 202 subsequently assigned to Wells Fargo Bank, NA by Mortgage Electronic Registration Systems, Inc. as nominee for RBS Citizens, N.A., its successors and assigns by assignment recorded in said Suffolk County Registry of Deeds at Book 51924, Page 49; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 12:00 PM on September 19, 2017 at 10 Summit Circle, Boston (Hyde Park), MA, all and singular the premises described in said Mortgage.

TO WIT:

THE LAND AND BUILDINGS THEREON SITUATED ON Summit Circle in the Hyde Park District of Boston, Suffolk County, Commonwealth of Massachusetts, being shown as Lot C on a plan entitled "Subdivision Plan of Land, Boston, MA, Hyde Park District" dated July 8, 1967 and recorded with Suffolk Deeds at the end of Book 8139, bounded and described as follows: WESTERLY by Summit Circle as shown on said plan by a curved line, seventy (70) feet; NORTHERLY by lot B, twenty-two and 86/100 (22.86) feet; NORTHEASTERLY by lot B, twenty-two and 70/100 (22.70) feet; NORTHERLY by lot B, sixty-nine and 10/100 (69.10) feet; NORTHEASTERLY by land of owners unknown, sixteen (16) feet; SOUTHEASTERLY by land of owners unknown, sixty-two and 20/100 (62.20) feet; NORTHEASTERLY by land of owners unknown, sixty-three and 30/100 (63.30) feet SOUTHEASTERLY by land of owners unknown, sixty-two and 20/100 (62.20) feet. SOUTHWESTERLY by land of owners unknown, eighty and 23/100 (80.23) feet. Containing 7,748 square feet of land according to said plan. Together with the right to use Summit Circle in common with others entitled thereto. For title reference see deed recorded herewith.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser of the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms if any, to be announced at the sale.

Wells Fargo Bank, N.A.
Present Holder of said Mortgage,
By Its Attorneys,
ORLANDS PC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
14-009495

August 29, 2017, September 5, 2017
and September 12, 2017

LEGAL NOTICES

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Audrey H. Hargrove and Samuel James Hargrove, Jr. to Chase Bank USA, N.A., dated September 8, 2005 and recorded with the Suffolk County Registry of Deeds at Book 38098, Page 142, as affected by Loan Modification recorded with said Registry of Deeds in Book 52440, Page 321 subsequently assigned to JPMorgan Chase Bank, National Association by Chase Bank USA, N.A. by assignment recorded in said Suffolk County Registry of Deeds at Book 50267, Page 201; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 1:00 PM on September 19, 2017 at 158 Ballou Avenue, Boston (Dorchester), MA, all and singular the premises described in said Mortgage.

TO WIT:

The land in that part of Boston Formerly Dorchester with the buildings thereon, being Lot 17 on a plan made by W.D. Badger, surveyor, dated June 11, 1892, and recorded with Suffolk Registry of Deeds Book 2097, Page 34, and bounded and described as follows: Northwest by Ballou Avenue, forty (40) feet; Southwest by Lot 18 on said plan, one hundred (100) feet; Southeast by Lots 8 and 9 on said plan, forty (40) feet; and Northerly by Lot 16 on said plan, one hundred (100) feet.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

TIME WILL BE OF THE ESSENCE.

Other terms if any, to be announced at the sale.

JPMorgan Chase Bank,
National Association
Present Holder of said Mortgage,
By Its Attorneys, ORLANDS PC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800, 16-005390

August 29, 2017, September 5, 2017 and September 12, 2017

JOBS



Permanent and Seasonal Airport Job Fair!!

\$12.00 per hour all positions available.

Early morning and late night shifts are available.

Job Fair

Tuesday 8/29 & Wednesday 8/30,

Tuesday 9/5 & Wednesday 9/6

from 9:00 a.m. to 4:00 p.m. at

982 Bennington Street, 3rd floor,

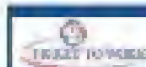
East Boston, MA 02128.

Public transportation is across the street from the blue line, Orient Heights.

Or apply online at careers.g2securestaff.com.

Call with questions at

617-568-9194



Do you need a job?

Ticket to Work Employment Program Free for SSI and SSDI Beneficiaries

If you receive SSI/SSDI, are between ages 18-64 and are looking for work America Works can help you...

To register for an Orientation Session or learn more information contact us at (855) 268-1935 or boston@americaworks.com www.americaworks.com/tickettowork

Now Hiring Chair Car Drivers!

No experience required
Internal growth opportunities



Apply Online: www.cataldoambulance.com

Cataldo Ambulance Service is an Equal Opportunity Employer. Individuals with Disabilities and Veterans are encouraged to apply.

BOOKS WANTED CASH PAID FOR LARGE COLLECTIONS



Interests include:
Architecture, Art,
Firearms, Military,
Vintage Paperbacks,
Yearbooks, Magazines,
Vintage Erotica, Catalogs
and more

Call David
781-724-6183
or
Email dibc@comcast.net

CASH FOR RECORDS WANTED



33Lps & 45s

George
617-633-2682
Cash for Records

Top \$\$ Paid For Guitars



We buy ALL Musical Inst.
Guitars, Saxes, etc.
Cash on the spot!

617-594-3255

CASH FOR DIABETES TEST STRIPS

Up to \$40/box!

Payment made
SAME-Day
We Receive
Your Strips!
Call Kerri
for a Quote Today!
800-413-3479
www.CashForYourTestStrips.com

CARS

Vehicles Wanted

Junk or Repairable Cars Wanted

\$50 - \$5500 & up
781-462-8282



Extra Cash paid for
Hondas, Toyotas, & Nissans
Any Location, Anytime
towingcarsusa@yahoo.com



All CARS WORTH CASH UP TO \$500

Cars, Trucks and Heavy
Equipment.
IMMEDIATE PICK UP 24/7
No key, No title, No problem

Call now
617-678-6833

metroCLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us

metroCLASSIFIEDS

To place an ad call
866-900-9473

or visit us at
www.metro.us

DEADLINE: 2 BUSINESS
DAYS PRIOR TO
PUBLICATION AT 4 PM.



COOKS

PREP, GRILL, DELI &
DISHWASHERS

Earn up to \$16/hr

Apply Today Start

Tomorrow

EVENT TEMPS

189 Green st.

Jamaica Plain

Orange Line Green st.

We take applications

M, W-F 7am-1pm

Bring Picture ID & SS

metroCLASSIFIEDS

To place an ad call
866-900-9473

or visit us at
www.metro.us

DEADLINE: 2 BUSINESS
DAYS PRIOR TO
PUBLICATION AT 4 PM.

IMPORTANT INFORMATION:
All classified advertisements are subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance by Metro U.S. action. Metro U.S. reserves the right to edit, reject, cancel or redact any ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

metroCLASSIFIEDS

To place an ad call **866-900-9473**
or visit us at www.metro.us



Across

- 1 Bachelor's last stop
- 6 Walk off with
- 10 Lean
- 14 Watered silk
- 15 Operatic prince
- 16 Make over
- 17 Fabric rolls
- 18 Swain
- 19 Romantic deity
- 20 Acquired the film rights to
- 22 In a dull fashion
- 24 Narrow board
- 25 Got a move on
- 26 Said in fun
- 29 Loathes
- 32 Love, to Pablo
- 33 Stayed
- 35 Woosnam of golf
- 37 Upholstery choice
- 39 MIT grad
- 40 Edge past
- 42 Dixie st.
- 43 Sees it the same way
- 46 Volcano's output
- 47 Blackboard needs
- 49 Harder to believe
- 51 Olin or Horne
- 52 Leslie Caron film
- 53 Professor's goal
- 56 Set up
- 60 Mushroom part
- 61 Drift here and yon

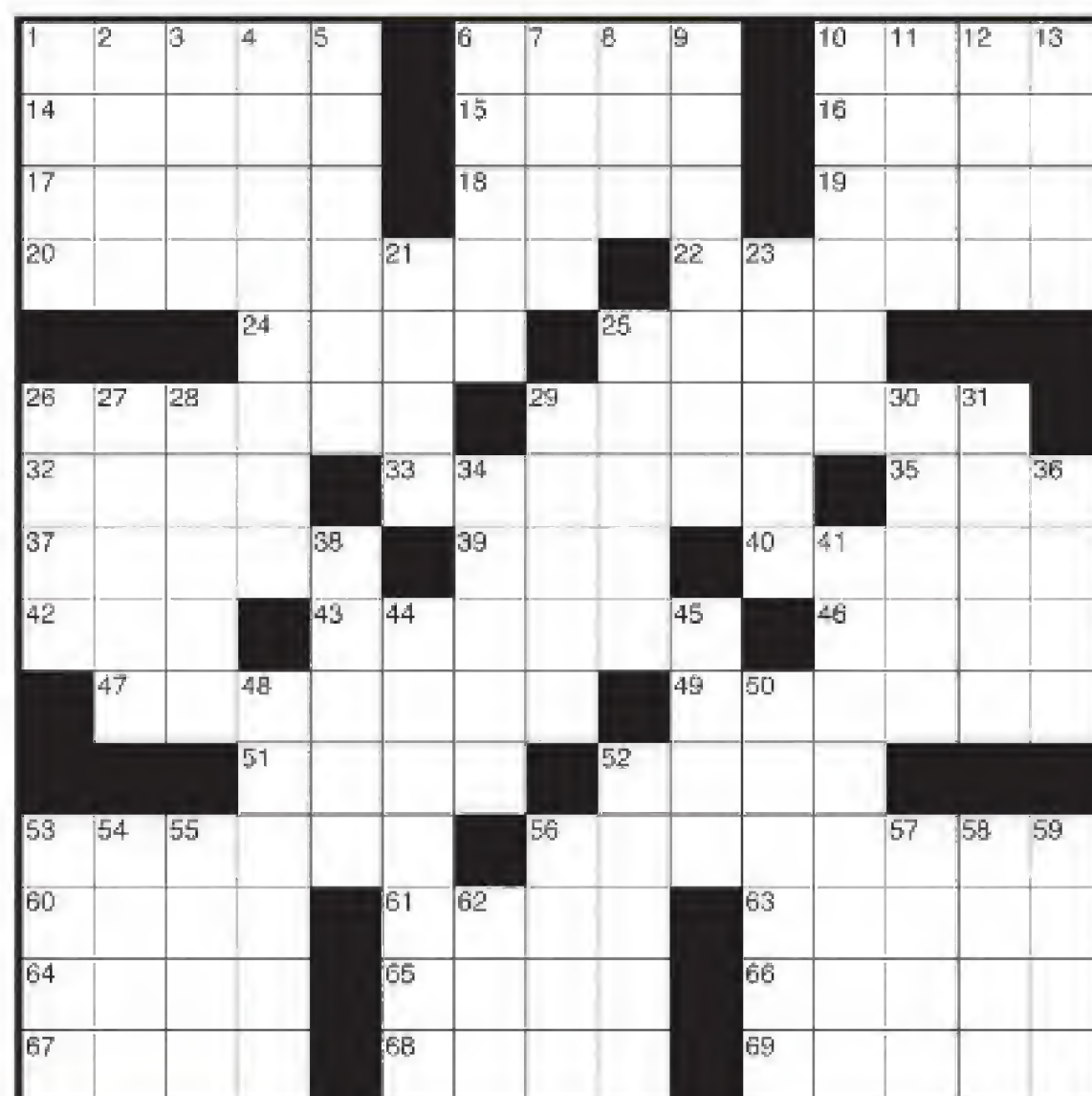
- 63 March composer
- 64 In a while
- 65 No future --
- 66 Shankar's strings
- 67 Hindu princess
- 68 Pedro's house
- 69 Debate topic

Down

- 1 Lectern
- 2 Air show maneuver
- 3 Go against Galahad
- 4 Style
- 5 Fix a boot
- 6 Nepal neighbor
- 7 Like some cheeses
- 8 RV haven
- 9 Learned
- 10 Stair parts
- 11 Medicinal plant
- 12 Graven image
- 13 Inquisitive

- 21 Goose egg
- 23 Cattails
- 25 Be evasive
- 26 Website language
- 27 Novelist -- Zola
- 28 Treasure hunter's aid
- 29 Eats
- 30 Type of pool
- 31 Healing ointment
- 34 Catcher under Stengel
- 36 Close by
- 38 Type of computer printer
- 41 Where Peoria is
- 44 Brand X
- 45 Follow the recipe
- 48 Graduates
- 50 Andre of tennis
- 52 Ms. Garbo
- 53 Bygone tyrant
- 54 Sight from Messina
- 55 Inert gas
- 56 Hertz competitor
- 57 Slangy courage
- 58 Rebekah's son
- 59 Meet defiantly
- 62 Off -- tangent

metro.us/crossword



metro.us/sudoku

easy

	3		1					
7	9	2				4		
	5			8	7	6		2
					8			
4	1		2		6		5	3
			5					
5		9	3	2			6	
		6				2	8	9
					9		4	

hard

			7	9		3		6
3	7		6		4	2		
				3				7
		8	5				9	
	2						8	
	6				9	4		
1				5				
		5	4		6		3	1
4		6		7	1			

metro.us/horoscopes



Aries Share your plans and engage in events that will put you in a good position to advance. An energetic approach to life and love will encourage positive change.



Taurus Don't count on anyone but yourself. Disappointment will lead to an argument. Learn from experience and keep the doors of communication open.



Gemini You'll be fed information that contradicts your beliefs. Keep your distance from anyone using emotional tactics to get you to agree. Deception will lead to disappointment.



Cancer Business talks or arrangements will not be straight or easy to follow. Don't let confusion set in. If something doesn't feel right, ask questions and make amendments.



Leo Your involvement in functions that give you the opportunity to share what you have to offer will lead to an appointment you won't want to miss.



Virgo The changes you want to make may not be feasible. Don't make an impulsive decision that will be hard on your bank account. Say no to emotional spending.



Libra Don't mix money and emotions. If you feel the need to spend cash, make sure you are investing in something that will help you get ahead. Talks will encourage results.



Scorpio Be passionate about what you do, but don't miss out because you are too stubborn to admit you made a mistake. Aim to fix whatever isn't working properly.



Sagittarius The truth will be difficult to digest. Listen carefully and only offer what you know to be factual. Keeping talks mellow will encourage positive results.



Capricorn Hidden matters are best kept that way, especially if it concerns a financial, legal or health matter. A partnership will offer you relief and bring you good fortune.



Aquarius Look at all your options and go over your financial situation. Investing in something you enjoy doing will lead to a prosperous new venture.



Pisces Keep an open mind, but don't be gullible. Question anyone offering something that appears unrealistic or promotes an ulterior motive. **EUGENIA LAST**

Yesterday's answers									
SLOT	COWED	URDU							
NAPA	OLIVE	GAIL							
OMEN	OLSEN	LIEN							
BACKFLIP	PINTA								
TREE	VOICE								
ALLOYS	SOFTSPOT								
DEEP	TRAIT	TERA							
LAG	ELL	RAP							
ISAK	FATES	SITE							
BELLHOPS	COILED								
EARS	KOAN								
EGRET	CHURCHES								
TOON	SOLAR	EAST							
TALE	AWAKE	RITA							
ALEX	TEPID	ELAN							

Can't wait until tomorrow to check your answers? Visit **metro.us**

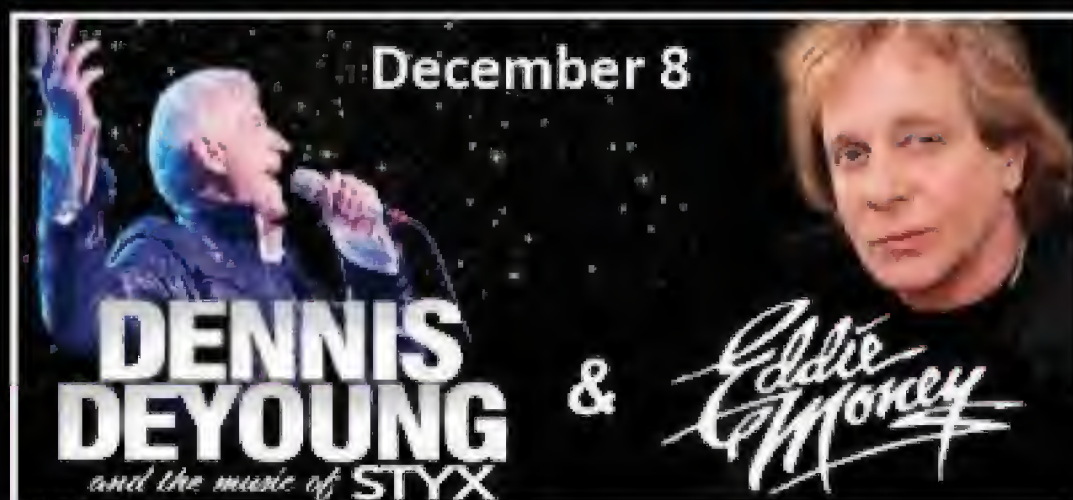


As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro Boston 234 Congress St., 4th FL, Boston, 02110 • main 617-210-7995 • to advertise 617-210-7995 • Press releases pressrelease@metro.us • Associate Publisher/Executive Sales Director Brian Cox, brian.cox@metro.us • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Will Maunoir • Chief Revenue Officer Ed Abrams, Ed.Abrams@metro.us • email sales adsboston@metro.us • email distribution distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Editor in Chief Aleksander Korab, aleksander.korab@metro.us • Managing Editor Morgan Rousseau, morgan@metro.us • Site Director Linnea Ziellinski, linnea.ziellinski@metro.us • Night Editor Jason Nuckolls, jason.nuckolls@metro.us • Art Director Billy Becorra, Billy.Becorra@metro.us • Sports Editor Malt Burke, malt.burke@metro.us • Entertainment/TV Editor Matthew Juul, matthew.juul@metro.us • Going Out Editor Eva Kim, eva.kim@metro.us • Head of Production Matt Prowell, matt.prowell@metro.us

Certified Audit
CAC
of Circulations

Mayor Kennedy & The City of Lynn announce shows at the...

Lynn Auditorium



LynnAuditorium.com 781-599-SHOW